

St Mary's, Lochee, & St Clement's, Charleston NEWSLETTER



Called to be bearers of Good News

Our Parish Vision: "A place where people experience God in a personal way, so that they become delighted disciples, joyously putting God first, and willing to invite others to explore the love of God (for them) through our parish community.

12th October, 28th Sunday—Year C

First reading

Kings 5:14-17

Naaman returned to the man of God and confessed his faith in the Lord.

Responsorial Psalm

The Lord has shown his salvation to the nations. .

Second Reading

Timothy2:8-13

If we endure, we will also reign with Christ.

Gospel Acclamation—Alleluia, alleluia! In everything give thanks; for this is the will of God in Christ Jesus for you. Alleluia!

Gospel Luke:11-19

No one was found to return and give praise to God except this foreigner.

Next Sunday's Readings: 29th Sunday

Exodus 17:8-13; Psalm 120; Timothy 3:14-4:2; Luke

18:1-8

Sacred Liturgy Schedule

Vigil Mass at 4.30pm.

9.30am Sunday Mass in St Clement's

and 11am Sunday Mass in St Mary's (livestreamed)

(refreshments after Mass in hall...all welcome)

Mon, Tues, Thurs, Fri, Sat Mass 10am

Weds 10am Eucharistic Service

Weds 9.30am Mass in St Clement's Church/Hall

Confessions:

Saturday 10.30am-11am; 3.30pm-4pm

Rosary before each weekday Mass.

Tues: Novena to St Anthony after Mass

Thurs: Adoration for the renewal of our Parishes

Sat: Adoration - 10.30-11am

Our Beloved Dead: Please remember in your prayers those who have died recently: Jimmy Brady, Helen Dobbie, Agnes Mulligan, Margaret McBride, Baby Livon, Monica Sugure, Denis Duffy and Maureen Greig; and those whose anniversaries occur at this time: Thomas Ravey, Canon John Page, Canon John Connolly, Archie Dailly, Fr Victor CMM, Helen Beild, Eileen Smith, Irene Petrie, Allison Russell, Jim Russell, Joselito San Luis, Anne Low, Neil Findlay, Kevin Stephens, Agnes Stephens, Mark Stephens, Billy Higgins, Katleen Gowans, Sarah Hynd, Ella and John Jordan. RIP



Prayers for the sick: Please continue to remember the sick and the terminally ill in your prayers, especially those mentioned on our sick lists: Veronica Cornock, Kate Cuthill, Jacqui Conroy, Helen McCluskey, Catherine Reid, Liam Markie, Ann McFadyen, Nicola Fleming-Stewart, Gerry Mulrooney, Liz Rourke, Martin Conroy, Granny GG (Ann Jordan), Wendy Birnie and Fr Malcolm Hutchison. (this list is cleared each calendar month).

Funerals at St Mary's

Jimmy Brady, Funeral Mass 10am, Mon 13th Oct; **Agnes Mulligan**, Funeral Mass 10am, Mon 27th Oct.

Helen Dobbie, Funeral Mass10am, Mon 20th Oct;

May their souls and the souls of all the faithful depart rest in peace.

Please submit names/items for this newsletter no later than Thursday evening to stmaryslochee@dunkelddiocese.org.uk

Finance Matters: St Mary's Collection: £1975 (Loose Plate £1051, SO £875, Contactless £49).

Restoration Fund: £1361 (£1356 raised from Gary White's fundraiser concert)

St Clement's Collection: £261

The next special collection will be on Sunday 19th October which is **Mission Sunday**.

St Mary's new Bank of Scotland details: TRUSTEES ROMAN CATHOLIC ST MARYS 80-22-60; 28017060; Contactless payment available in foyer and via this QR Code. Enables those viewing online to contribute.





St Clement's new Bank of Scotland details: TRUSTEES ROMAN CATHOLIC ST CLEMENTS 80-22-60; 28001261

Gift Aid: Please consider Gift Aiding your collection and/or paying by Standing Order (forms available in the foyer). Gift Aid donors are reminded that they need to ensure that they have paid sufficient tax to cover claims.

St Mary's Restoration Fund: 100 Club: Congratulations to this week's winner Cathy Devine (49).

Mary's Meals, Foreign Currency collection —£101.49 has been sent to Mary's Meal from the foreign currency collection. To date that means £688.44 has been given to Mary's Meals from your foreign currency. We have another box to send away now. **Many thanks** to everyone who donated. There is a box in the foyer for foreign currency for Mary's Meals.

Hall hire details: Please note that our hall is available for private lets and community use at very competitive rates. For further information and bookings please contact: Yvonne St Clair on yvonne_stclair@yahoo.co.uk or 01382-623618 Mob

07709040233

Dear Lord, thank you for providing for the needs of the parish, please keep us focused on your real treasure living amongst us: the poor.

St Vincent De Paul and St Margaret of Scotland

pray for us.



Regular Events—Weekly:

The Parish Leadership Team —meets every Monday during term time to help me make good decisions. It's members are Jim Murphie (Parish Deacon), Marian Milne (Sacristan), Moira Leck (Schools Liaison), Bernadette Dailly (St Clement's) & Anne Hampton (Finance).

Novena to St Anthony of Padua - every Tuesday after Mass—concludes with blessing with relic.

Prayers for Parish Renewal — Every Thursday after Mass in St Mary's—Adoration of the Blessed Sacrament and prayers for a renewal of faith and missionary fervour in our parish. All are welcome.

Monthly:

St Peregrine's Mass (1st Saturday of the Month at 10am). St Peregrine is the patron saint of those suffering from cancer and offer incurable diseases. We now have a relic of St Peregrine, St Anthony of Padua and St Martin de Porres. If anybody wishes a blessing please just ask. Each Saturday Mass is offered for the sick.

Filipino Mass (1st Sunday of the Month at 1pm) Next, Sunday 2nd November, 2025

Dunkeld Serra Mass: Praying for Vocations to the Priesthood and Religious Life (2nd Tuesday of the month; Holy Hour 6pm followed by Mass at 7pm). Next, Tuesday 14th October. All are most welcome.

Syro-Malabar Catechism Classes & Mass (3rd Sunday of the Month at 3.15pm) Next, Sunday 19th October, 2025.

Taizé Holy Hour: (4th Thursday of the month at 6.30pm) Next, Thursday 23rd October, 2025.

Catholic Schools Matter

Sacramental Programme:

Joint Sacrament Preparation Dates for both schools to be held in St Mary's Church:

Sunday 26th October - 11am Mass - Enrolment of Children for the Sacraments

Tuesday 16th December 6pm Parish Penitential Service incorporating Children's First Reconciliation;

Tuesday 24th March 6pm Parish Penitential Service incorporating Children's Second Reconciliation

Tuesday 19th May 7pm The Sacrament of Confirmation presided over by Bishop Andrew McKenzie

Saturday 6th June 10am Mass for First Holy Communions

The link below takes you to St Mary's school newsletter which gives a review of the last week and advertises things to come.

https://sway.cloud.microsoft/PO7CECRwfHRBCrWG?ref=Link





Dates for your calendar:

Canon Andrew Clark's Life/Vocation/Ministry story—"Married Twice, Father of Thousands, and Thirty Years

Behind Bars" - Friday 17th October 7pm. Entry by donation proceeds towards St Mary's Restoration Fund.

Choral Music by Candlelight Concert—Friday November 7th at 7.30pm in St Andrew's Cathedral in aid of St Mary's Restoration Fund and SCIAF. Tickets £10 available to purchase through Eventbrite, scan the QR Code noted on the poster in the newsletter.



Prize Bingo—Friday 14th November, Eyes down at 7pm

"Pilgrim of Hope—A Comedy about life, death, air fryers and one man's search for hope" written and performed by Stephen Callaghan (as recently performed to good reviews at The Fringe). Saturday 15th Nov at 7.30pm and Sunday 16th November at 12.15pm in St Mary's Upper Church Hall. Tickets available in the foyer or 07552 9020740.

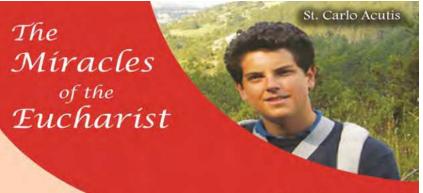
St Mary's Parish Council Tues 18th November at 7pm.

A Lady's Night with Johnny Mack—Friday 28th November 7.30pm. Tickets available soon.

Advent Day of Reflection - First Sunday in Advent (30th November), will be led by Canon Andrew Clark. Save date.



Baptism Preparation Course...Presentation shall be on Sunday 12th October. All Sessions shall be held in the meeting room in the Church House. If you would like to know more about having your child baptized please contact Stella Andrews on camroc498@gmail.com or phone 07817160513.



4.30pm Vigil Mass on 18th October. There will be no homily during the Mass as the homily will be the baptism. Please hold Baby Enzo and his family in your prayers are they prepare for baptism.

Enzo Blyth's Baptism will take place during the

St Carlo Acutis World Eucharistic International Exhibition

St Mary's Upper Hall, Fri 21st to Sunday 23rd Nov.

Friday: Schools welcome; 7pm Holy Hour in front of the Blessed Sacrament and Relic.

Saturday: 9am Eucharist Rosary in front of the

Blessed Sacrament and Relic.

Sunday: 12.30pm Holy Hour to conclude in front of the Blessed Sacrament and Relic. Admission Free. All welcome.



Contact - Maria Novani Mobile - 07786373322

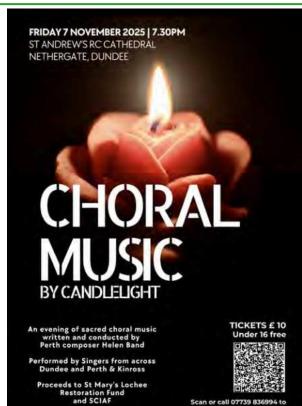
Email - mariatnovani@hotmail.co.uk

Website - lifeintheeucharist.com

Dear God our Father,

As you inspired St Marcellin Champagnat to found the Marist Family whose primary aim is to make Jesus Christ known and loved through the Christian education of young people; please make the new Head Teacher of St John's High School a person after the heart of Marcellin who will put the care of pupils and staff at the forefront of their efforts, and we make this prayer through your Son, Jesus Christ, The Teacher of Love and Compassion. Amen.





Little Angels Baby and Toddler group Mondays—10.30am until 12.30

All parents and carers are welcome to bring their children for playtime, games singing and snacks.

Contact Lynn Smith 07396193603 for more information or just come along.

St Clement's News

Updating parish records /Invitation to share more deeply in parish life.

Please return your form it will allow us to update the Parish Records also please complete the invitation to share more deeply in the life of the parish.

The Church needs your help in a variety of ways. There are all sorts of services to be done, but always for the same Lord. This invitation seeks to affirm all that is being done, and invites everyone to have some share in the work of the church, and gives space for new suggestions and hopes.

Many have replied offering to share the work of the parish but we need more volunteers - Please help make our parish of St Clements a vibrant faith family.

Clarification: The 9.30am Wednesday Mass in St Clement's is celebrated primarily for the Sisters who have asked permission for parishioners to attend. This means that when Mgr Aldo cannot attend this Mass will not be celebrated.

Donations to Mary's Meals: The donation box will remain in the hospitality area for ongoing contributions. Thank you again for your kindness and generosity.

Please join us for tea and coffee which is being served today in the hospitality area.



Please donate towards the flowers for the church, there is a box for donations in the hospitality area.

Heartstart Discovery provides **FREE** Emergency Life Support training and encourages as many people as possible to learn the skills required to help save lives

Training in CPR helps to save lives.

Come along to a *Heartstart* DISCOVERY course and learn all the skills you need. **It only takes two hours.**

If just 10% of the population were trained in Emergency Life Support, many, many more lives could be saved each and every year.

YOU REALLY CAN SAVE LIVES.

All sessions will be held in St Mary's Church	
Session Date	Session Time
October 27th	2pm
November 3rd	2pm
November 4th	7pm

Catechism Classes for children who do not attend a Catholic School. The Missionaries of Charity will run Catechism Classes in St Clement's for any child who is looking to make the Sacraments in 2026. Even if your child is in a Catholic School and you would like extra tuition/preparation the Sisters would be willing to incorporate them into their class. This in no way takes away from the importance of a Catholic Education. Our Catholic Schools do a great job, however, the more our children learn about Jesus, prayer, and the Sacraments the better. Please register your interest with the Sisters as soon as possible as they would like to get started in the Autumn. Phone 612861

Thanks to Bernadette Daily for arranging to have the handrail installed at the entrance to St Clement's Church/Hall. For any parish to thrive in this day and age it will require everyone to become actively involved in the running of the parish as well as being active evangelisers. Recent Pope's have encouraged a 'New Evangelisation' whereby we actively invite others to consider the Christian faith and to become Catholics. The best way to do this is to have a genuine personal relationship with Jesus ourselves. To enable and deepen this St Mary's and St Clement's will be running courses on the run up to Christmas for those wishing to explore the faith (*Catholicism* see pg 7) and for those wishing to deepen their faith.

UPDATE ON SIGN UP SHEETS

Many thanks indeed to all those who generously signed up for one or more ministries as we try to create our St Mary's Lochee parish into a thriving faith community where all are welcome.

WHAT have we done with the information?

The Leadership team have analysed all the names and allocated each volunteer to your selected ministry.

We have managed to work through a number of the ministries and the Welcoming, Offertory, Readers, Cantors and Eucharistic minister rotas have been updated.

WHERE will you find this?

This was in a newsletter a few weeks ago and the rota sheets are pinned up at the back of the porch in the Church so please check the rota.

HOW will we move forward with the other groups?

If you volunteered for answering the door, packing the shopping, cleaning the church, helping with the library, music, serving teas and helping with hospitality, then you will have already been invited into the groups.

WHICH groups have still to be sorted?

A number of volunteer groups eg, faith sharing, visiting the sick, delivering the newsletters RCIA, and some others have still to be analysed and allocated. So please bear with us as we pull this information together.

HOW do we move forward?

We still need more people to support the work of the Parish however in the meantime we start preparing for Advent with our day of reflection and our faith sharing courses which will be advertised over the next few weeks. So watch this space!

We hope that while the building is being restored we as the real Church (people of the parish) will be renewed by the Holy Spirit in order that we can truly experience Renovation in our hearts and minds. The Leadership Team.

Carlo's Way to Sanctity: Five Simple Practices

If we wish to be a Saint, we first need to desire it. Next, we need constancy. Carlo's dad, Andrea, is a discreet man of few words, but offers essential fatherly advice in this respect:

How many times have we heard the phrase, "Carlo is a special boy." He had a special gift of being liked, but this attitude does not explain the mark he left in so many hearts. In Carlo, one could admire a continuous and ever-renewed orientation towards good. This was possi-



ble thanks to his surrender to the Lord. His secrets were a firm and ever renewed willingness to put God first and the constant use of the treasures administered by the Church - the Eucharist and Confession. The result was a harmonious personality, which radiated a great serenity.

Finally, we need a road map. The life and witness of Blessed Carlo Acutis show us the way: "Always to be united with Jesus, this is my programme of life. "To live with Jesus, for Jesus and in Jesus is the simple and achievable roadmap that he sets out for us in five practices.

- 1. **Frequent Reception of the Eucharist**: The first practice that made him a saint.
- 2. **Eucharistic Adoration:** The second practice that made him a saint.
- 3. **Spiritual Guide and Regular Confession:** The third practice that made him a saint.
- 4. **Devotion to Our Blessed Mother and the Saints:** The fourth practice that made him a saint.
- 5. Charity: The fifth practice that made him a saint.

Dear SCIAF Supporter,

For two long years, SCIAF has been calling for a ceasefire to the war in Gaza. The deal reached in recent days is a tremendous relief.

We welcome the ceasefire, pray that peace lasts, and give thanks that much more aid can now be finally delivered to those most in need. Now, we need your help to rush emergency relief to families as they recover and rebuild from years of agonising conflict.



Today, we are redoubling our efforts to continue our vital work in Gaza and the wider Holy Land.

As war has devastated the Holy Land, SCIAF has been present throughout, working through our partners in the Caritas network to bring life-saving assistance to those affected: food, water, healthcare and sanitation.

The SCIAF family continues to pray for a just and lasting peace, for aid to reach the most vulnerable, and for all those illegally detained to be reunited with their families as soon as possible. Your support is making a peaceful world possible.

With prayerful good wishes, Mark Camburn (Director of International Programmes)

To donate: SCIAF - Scottish Catholic International Aid Fund | SCIAF



Diocesan Mission Day

We are in October, the month the Church reflects and prays for the Missions. Once again we have a Diocesan Mission day on the Saturday before Mission Sunday. This year we gather on **Saturday 18th October at St Mary's Forebank for 9.30am to end at 3.30pm**.

More and more questions are being raised about mission and how we do mission. The challenges of our modern world and Church are forcing us to question how to live mission in different ways.

Probably we Scots felt we were a well-established Church sending out lots of missionaries all over the world. However, Scotland has also always been a country receiving missionaries. We have always relied on missionaries! However, we were probably not aware of it! Why? Because they were generally white, their native language was English and they did not have to travel far. What would we have done without the Irish priests who often became Scottish Diocesan priests?

Many still regard Polish, African, Indian, Asian priests as a "stop gap". Scotland has fewer priests than we are used to, so we need to appoint priests from somewhere to our parishes. The majority of these wonderful priests are from missionary orders or Dioceses with a missionary spirit. They are not here to fill up the gaps but to announce the Good News.

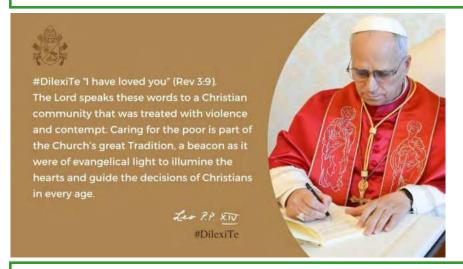
Europe, the UK, Scotland are now missionary territories. Perhaps this concept is a little strange to us but we will eventually have to take this on board.

In the past years we have had some wonderful speakers who have often questioned us and helped us. This year we are so pleased to have Duncan MacLaren, a long time ago director of SCIAF and ex-director of Caritas International. Duncan has a vast amount of knowledge of our missionary Church.

Theme MISSION AND THE MODERN CATHOLIC IDENTITY.

Please put this in your diary. Many thanks, Fr Mike A. Freyne MHM. VE Mission, Justice & Peace

It would help us if you could inform me (<u>mafreyne@btinternet.com</u> or by phone, 01259 213274) or the Diocesan Office (Paul McFadyen, 01382 255453) approximately how many MAY be joining us.



Pope Leo XIV: "I often wonder, even though the teaching of Sacred Scripture is so clear about the poor, why many people continue to think that they can safely disregard the poor."

Pope Leo reminds us that Jesus and Church tradition are clear: Christian are called to care for the poor.

Read his beautiful new apostolic exhortation,

"Dilexi te: On love for the poor."

Alzheimer Scotland - Shaping Support Together in Dundee: A Community Consultation - Dundee We Want to Hear from You

Alzheimer Scotland is committed to making sure our services truly reflect the needs and wishes of the people we support. Whether you're living with dementia, caring for someone, worried about your memory, or simply want to understand more; we'd love to hear your views.

Have Your Say - there are 3 options for participating:

- **Online**—Simply fill out our survey before 31st October 2025, available here (click link to be redirected): https://forms.office.com/e/sxUuN6hFp0
- **Phone/email directly** -If you would prefer to complete the survey over the phone, please call or text me on **07799 581970** and I will respond asap call you back and support with this or drop me a direct email cdougan@alzscot.org and I will arrange a suitable time for us to chat this through.
- **In-person** Relaxed consultation & cuppa afternoon at Morgan Street 23rd October 2pm 3.30pm (light refreshments will be provided).

Carol Dougan Centres Lead | Tayside | 07799 581970 Alzheimer Scotland - Action on Dementia Many of our parishioners wish to support our ethnic communities at this difficult time and Michael Marr (MSP) has agreed to meet with us concerning the climate of fear experienced by some in our ethnic communities, in **St Mary's Church Hall on Monday 20th October at 6pm**. We are responding to a parishioner who expressed concern about the rising levels of anxiety amongst the Sri Lankan community of which she is a member. Michael will help clarify the language surrounding the issue of immigration and will listen to the concerns of those within our community of communities, whilst setting out the position of the Scottish Government.



From the parishioner who expressed concern:

"Yes, not only Sri Lankans other immigrants who came legally and who work and pay tax and who live under UK law are under lot of pressure and tension. We feel after seeing things on television people seem to look at us differently. People never knows how much we pay as our university fees and how much we pay as national health charges. We need people to know that all immigrants are not refugees and we are respecting Scottish people's ideas and their value."

Diocesan Events for Extraordinary Ministers of Holy Communion

For all the Extraordinary Ministers of Holy Communion in our Diocese of Dunkeld, there will be an opportunity to take part in one of two events of Formation and Celebration in the near future; you are warmly invited to come along and share in one of them, to reflect afresh on the ministry you undertake in our parishes.

The first will take place at the Diocese of Dunkeld Pastoral Centre, St Mary's Church Hall and Church, Forebank Road, Dundee on **Saturday 8 November 2025 from 10am until 1pm** (primarily for Extraordinary Ministers of Holy Communion in the Dundee, Fife and Angus Parishes) and the same event of Formation and Celebration will be repeated on **Saturday 15 November in the Church Hall and Church at St John's, Perth** (primarily for those in the Perth and Kinross areas and Clackmannanshire).

The programme will be as follows:

10am Welcome, Gathering Hymn and Prayer.

10.10am Input: Taste and see the goodness of the LordThe liturgical experience as food for the journey.

10.45am: break for tea, coffee and cake

11am: Spiritual conversation, guidelines, practicalities and questions.

12noon: Celebration of the Eucharist with commissioning of new Extraordinary Ministers.

1pm: Depart.

Can you please indicate your intention to be present either on 8 November in Dundee or 15 November in Perth, by emailing the Bishop's PA, Mr Paul McFadyen, at officeadmin@dunkelddiocese.org.uk or by calling the office on 01382 255453, or by returning the form (issued from Parish Priest) to myself (Canon Kevin Golden) at St Andrew's Cathedral, 150 Nethergate, Dundee DD1 4EA



Please join The Society for the Protection of Unborn Children (Dundee Branch) for the 22nd consecutive, silent candle-light vigil, commemorating the passing of the 1967 Abortion Act.



Dundee City Square, Thursday 30th October, 6pm - 8pm

18,710 abortions were performed in Scotland last year – the highest number on record, representing a 3% increase from 2023. The termination rate increased to 17.9 per 1,000 women aged 15-44. Key factors influencing the statistics include a rise in repeat abortions and a significant increase in rates for women in the most deprived areas, who are twice as likely to have an abortion compared to those in the least deprived areas.

The Catholicism Course starts Sunday 9th November in Church House after Mass (12.15pm)

This course is ideal for anyone interested in joining the Catholic Church or for anyone wanting to know more about their faith. Topics that will be covered include: Prayer and the Life of the Spirit; The Mystical Union of Christ and the Church; The Mystery of the Liturgy: The Communion of Saints; The Mystery of God; The Last Things. The course revolves around short videos by Bishop Rober Barron, and has won international acclaim. For more info ask Fr Jim or Wendy Sinclair

HOPE POINT, DUNDEE WELLBEING SUPPORT WE ARE HERE ALL WEEKEND; NO MATTER WHAT TIME OF DAY OR NIGHT.

If you are in distress and feeling like you can't go on, please do reach out to our friendly team. Freephone: 0800 955 0008; Text: 01382 604123; In Person: 4 South Ward Road.

Our People

In the Gospel Reading, Jesus cleanses ten lepers, but only one of them turns back to thank Jesus. That one is a Samaritan. Samaritans aren't really part of God's people. They were separated from God's people earlier in their history.

In a different gospel reading (Matt.15:24; see also Mark 7:27), Jesus tells a Greek woman in Sidon, who persists in her requests for him to heal her daughter, that he was sent only to the lost sheep of Israel. Greeks are not part of God's people either; they are even more outsiders than Samaritans are.

But here is an odd thing to notice: Jesus does after all heal the daughter of the Greek woman. He cured the Samaritan leper too.

So was Jesus confused when he said he was sent only to the lost sheep of Israel? Or, if his job really is to minister only to his own people, then why did he give such powerful gifts of healing, such tender care, to the Samaritan leper and to the Greek woman? After all, they aren't part of his people. And he said he was sent only to the lost sheep of Israel.

The solution to this puzzle lies in the First Reading. Namaan, the leper who comes to Elisha, the Israelite prophet, to be healed, is a Syrian. Not only are Syrians not part of God's people; they are in fact among the enemies of God's people. They worship an alien God. But Elisha heals Namaan anyway.

And then look what happens. Namaan the leper asks if Elisha will give him some dirt to build an altar to Elisha's God. When Elisha healed him, Namaan became committed to the true God. He wants dirt from Israel for an altar so that he can worship the God of Israel when he goes home to Syria. So Namaan comes to Elisha as a Syrian, but he leaves Elisha as a worshiper of the Lord.

A similar point holds of the Samaritan leper, and even of the woman in Sidon. They each become one of Jesus' own, because of Jesus' care for them. Your faith has saved you, Jesus says to the Samaritan when he returns to Jesus. To the Greek woman in Sidon who won't leave him, Jesus says, "Great is your faith!" (Mt 15:28)

In doing a miracle for the Greek woman in Sidon, then, Jesus was in fact caring only for the lost sheep of Israel. By loving the Samaritan leper and the Greek woman, the Lord found his own people everywhere.

The lesson for us is clear, isn't it? Treat him with gentleness and care, and the person in front of you, hostile to all you hold dear, may in the end turn out to be one of the Lord's own people.

Copyright © 2025, Eleonore Stump. All Rights Reserved. Permission is hereby granted to reproduce for personal or parish use.

distribution at the Church door please consider dropping any of these items in the baskets in the Church foyer: UHT milk, Cereals, Biscuits, Coffee, Tea, Tinned Milk Puddings, tinned fruit, tinned curries, tinned ham. May God bless your generosity and ministry. Also, if you are in need please don't hesitate to be in touch with any member of the SVDP or Fr Jim.

If you would like to donate food for

ARE YOU LIVING IN DUNDEE AND LOOKING FOR SUPPORT WITH YOUR MENTAL HEALTH AND WELLBEING

Check out the Dundee Mental Health and Wellbeing website for an A-Z directory of local services and information about what is available at your GP practices.

www.nhstayside.scot.nhs.uk

https://www.nhstayside.scot.nhs.uk/OurServicesA-Z/DundeeMentalHealthWellbeing-PrimaryCare/index.htm

The Church Cleaning has had to be increased in frequency due to the Restoration Work creating dust. If you can spare some time after Friday Mass please come along and help keep St Mary's clean for our weekend Services. *More hands means less time.* Thanks to those cleaners who are already doing a great job .

Fr Malcolm update:

Fr Malcolm continues to make steady progress and is now walking short distances with the aid of elbow crutches.
Please continue to hold him in your prayers.



St Mary's Facebook Page

Please can you **like and follow** St Mary's Facebook page. Help spread the news and invite others to do in an effort to help evangelise.

St. Mary's Lochee - Parish of the Immaculate Conception | Dundee | Facebook

Please keep 5 minutes silence before the start of each Sunday Mass. The bell will ring 5 minutes before Mass to mark the start of silence. This creates a decompression chamber in which we acclimatise to the Sacred and come into God's presence.

