

# St Mary's, Lochee, & St Clement's, Charleston NEWSLETTER



Called to be bearers of Good News

**Our Parish Vision:** "A place where people experience God in a personal way, so that they become delighted disciples, joyously putting God first, and willing to invite others to explore the love of God (for them) through our parish community.

26th October, 30th Sunday—Year C

First reading

Sirach 35:15b-17, 20-22b

The prayer of the humble pierces the clouds.

**Responsorial Psalm** 

The lowly one called, and the Lord heard him.

**Second Reading** 

Timothy 4:6-8,16-18

There is laid up for me the crown of righteousness.

Gospel Acclamation—Alleluia, alleluia! God was in Christ reconciling the world to himself, and entrusting to us the message of reconciliation. Alleluia!

Gospel

Luke 18:9-14

The tax collector went down to his house justified, rather than the Pharisee.

Next Sunday's Readings: All Saints—

Apocalypse 7:2-4, 9-14; Psalm 23; John 3:1-3;

**Matthew 5:1-12** 

## **Sacred Liturgy Schedule**

Vigil Mass at 4.30pm.

9.30am Sunday Mass in St Clement's

and 11am Sunday Mass in St Mary's (livestreamed)

(refreshments after Mass in hall...all welcome)

Mon, Tues, Thurs, Fri, Sat Mass 10am

Weds 10am Eucharistic Service

Weds 9.30am Mass in St Clement's Church/Hall

**Confessions:** 

Saturday 10.30am-11am; 3.30pm-4pm

Rosary before each weekday Mass.

Tues: Novena to St Anthony after Mass

Thurs: Adoration for the renewal of our Parishes after Mass

Sat: Adoration - 10.30-11am

**Our Beloved Dead:** Please remember in your prayers those who have died recently: George Dundas, Agnes Mulligan, Anthony (Tony) Bryan, Cath Adam, Ella Simmons, & Anne Scanlon; and those whose anniversaries occur at this time: Alex Markie Jnr, Mary Wallace, Tom Tinney, Jim McCord, Maureen McKay, Sr Aurelie L.S.P.,





**Prayers for the sick:** Please continue to remember the sick and the terminally ill in your prayers, especially those mentioned on our sick lists: Zoe Wallace, Mrs Elizabeth Thomas (Fr Rogi's Mum), Agnes Milne, Jeanette Kerr, Ged Toshney, Mrs Thomas, Veronica Cornock, Kate Cuthill, Jacqui Conroy, Helen McCluskey, Catherine Reid, Liam Markie, Ann McFadyen, Nicola Fleming-Stewart, Gerry Mulrooney, Liz Rourke, Martin Conroy, Granny GG (Ann Jordan), Wendy Birnie and Fr Malcolm Hutchison.

#### Funerals at St Mary's

Agnes Mulligan, Funeral Mass 10am, Mon 27th Oct.

Anthony (Tony) Bryan, Funeral Mass 10am, Fri 31st Oct.

(this list is cleared each calendar month).

May their souls and the souls of all the faithful depart rest in peace.

All Saints Day will be celebrated next Sunday 2nd November and All Souls on Monday 3rd November. There will be an extra 6pm Mass on Monday 3rd to allow us to pray for our beloved dead.

Please submit names/items for this newsletter no later than Thursday evening to <a href="mailto:stmaryslochee@dunkelddiocese.org.uk">stmaryslochee@dunkelddiocese.org.uk</a>

Finance Matters: St Mary's Collection: £1450 (Loose Plate £1146, SO £265, Contactless £39). Mission Sunday

Collection: £411

**Restoration Fund:** £530 (Canon Andrew Clark's talk £278, Choral Concert £80 and Donation & Contactless £172)

St Clement's Collection: £383 Mission Sunday Collection: £164

St Mary's new Bank of Scotland details: TRUSTEES ROMAN CATHOLIC ST MARYS 80-22-60; 28017060; Contactless payment available in foyer and via this QR Code. Enables those viewing online to contribute.



St Clement's new Bank of Scotland details: TRUSTEES ROMAN CATHOLIC ST CLEMENTS 80-22-60; 28001261

**Gift Aid:** Please consider Gift Aiding your collection and/or paying by Standing Order (forms available in the foyer). Gift Aid donors are reminded that they need to ensure that they have paid sufficient tax to cover claims.

St Mary's Restoration Fund: 100 Club: Congratulations to this week's winner Elaine King (93).

**Mary's Meals, Foreign Currency collection - Many thanks** to everyone who has donated. There is a box in the foyer for foreign currency for Mary's Meals.

**Hall hire details:** Please note that our hall is available for private lets and community use at very competitive rates. For further information and bookings please contact: Yvonne St Clair on yvonne\_stclair@yahoo.co.uk or 01382-623618 Mob 07709040233



Dear Lord, thank you for providing for the needs of the parish, please keep us focused on your real treasure living amongst us: the poor.

St Vincent De Paul and St Margaret of Scotland

pray for us.



#### Regular Events—Weekly:

**The Parish Leadership Team** —meets every Monday during term time to help me make good decisions. It's members are Jim Murphie (Parish Deacon), Marian Milne (Sacristan), Moira Leck (Schools Liaison), Bernadette Dailly (St Clement's) & Anne Hampton (Finance).

Novena to St Anthony of Padua - every Tuesday after Mass—concludes with blessing with relic.

**Prayers for Parish Renewal** — Every Thursday after Mass in St Mary's — Adoration of the Blessed Sacrament and prayers for a renewal of faith and missionary fervour in our parish. All are welcome.

#### **Monthly:**

**St Peregrine's Mass** (1st Saturday of the Month at 10am). St Peregrine is the patron saint of those suffering from cancer and offer incurable diseases. We now have a relic of St Peregrine, St Anthony of Padua and St Martin de Porres. If anybody wishes a blessing please just ask. Each Saturday Mass is offered for the sick.

Filipino Mass (1st Sunday of the Month at 1pm) Next, Sunday 2nd November, 2025

**Dunkeld Serra Mass**: Praying for Vocations to the Priesthood and Religious Life (2nd Tuesday of the month; Holy Hour 6pm followed by Mass at 7pm). All are most welcome.

Syro-Malabar Catechism Classes & Mass (3rd Sunday of the Month at 3.15pm) Next, Sunday, 16th Nov, 2025

Taizé Holy Hour: (4th Thursday of the month at 6.30pm) Next, Thursday, 27th Nov 2025.

#### **Catholic Schools Matter**

#### **Sacramental Programme:**

Joint Sacrament Preparation Dates for both schools to be held in St Mary's Church:

#### Sunday 26th October - 11am Mass - Enrolment of Children for the Sacraments

Tuesday 16th December 6pm Parish Penitential Service incorporating Children's First Reconciliation;

Tuesday 24th March 6pm Parish Penitential Service incorporating Children's Second Reconciliation

Tuesday 19<sup>th</sup> May 7pm The Sacrament of Confirmation presided over by Bishop Andrew McKenzie

Saturday 6th June 10am Mass for First Holy Communions

The link below takes you to St Mary's school newsletter which gives a review of the last week and advertises things to come.

https://sway.cloud.microsoft/PO7CECRwfHRBCrWG?ref=Link





#### **Dates for your calendar:**

Choral Music by Candlelight Concert—Friday November 7th at 7.30pm in St Andrew's Cathedral in aid of St Mary's Restoration Fund and SCIAF. Tickets £10 available to purchase in the foyer, or contact 07552 920740, as well as through Eventbrite, scan the QR Code.



**Prize Bingo**—Friday 14th November, Eyes down at 7pm

**There will be a training session for altar servers** at St Mary's Lochee Parish on Saturday, 15th November, at 12:00 p.m. Anyone interested in serving is invited.

"Pilgrim of Hope—A Comedy about life, death, air fryers and one man's search for hope" written and performed by Stephen Callaghan (as recently performed to good reviews at The Fringe). Saturday 15th Nov at 7.30pm and Sunday 16th November at 12.15pm in St Mary's Upper Church Hall. Tickets available in the foyer or 07552 920740.

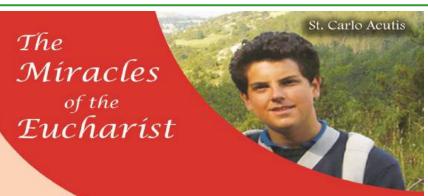
St Mary's Parish Council Tues 18th November at 7pm.

**St Carlo Acutis Exhibition**—Friday 21st until Sunday 23rd November. Please see advert below.

A Lady's Night with Johnny Mack—Friday 28th November 7.30pm. Tickets available soon.

Advent Day of Reflection - First Sunday in Advent (30th November), will be led by Canon Andrew Clark. Save date.

The most important dates in a Catholic Christian's Diary—The Triduum—Holy Thursday, Good Friday, Easter Sunday. Please set 2nd to 5th April 2026 aside in your diary to spend with your Christian Family in St Mary's, Lochee.



#### St Carlo Acutis World Eucharistic International Exhibition **Miracles Exhibition**

St Mary's Upper Hall, Fri 21st to Sunday 23rd Nov.

Friday: Schools welcome; 7pm Holy Hour in front of the Blessed Sacrament and Relic.

Saturday: 9am Eucharist Rosary in front of the

Blessed Sacrament and Relic.

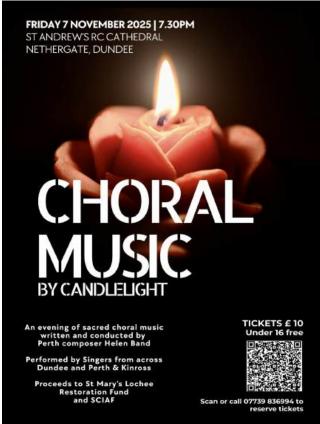
Sunday: 12.30pm Holy Hour to conclude in front of the Blessed Sacrament and Relic. Admission Free.

All welcome.



#### Dear God our Father,

As you inspired St Marcellin Champagnat to found the Marist Family whose primary aim is to make Jesus Christ known and loved through the Christian education of young people; please make the new Head Teacher of St John's High School a person after the heart of Marcellin who will put the care of pupils and staff at the forefront of their efforts, and we make this prayer through your Son, Jesus Christ, The Teacher of Love and Compassion, Amen.



#### **Little Angels Baby and Toddler group** Mondays-10.30am until 12.30

All parents and carers are welcome to bring their children for playtime, games singing and snacks.

Contact Lynn Smith 07396193603 for more information or just come along.



# **Baptism Preparation Course...**

If you would like to know more about having your child baptised please contact Stella Andrews on camroc498@gmail.com or phone 07817160513.

#### **St Clement's News**

#### Updating parish records /Invitation to share more deeply in parish life.

Thank you to all who have returned their forms. If you have not, because you do not wish to volunteer, can you please return it to enable us to update the Parish Records.

Jesus said: I have given you an example, so that you can copy what I have done to you.

This invitation seeks to affirm all that is being done, and invites everyone to have some share in the work of the church, and gives space for new suggestions and hopes.

We have been working through the forms and if you have volunteered to help or join in The Welcoming team, be a reader, join the choir, help with flowers, help with sacristy work and cleaning of the church & hall someone will contact you in the next week or so to coordinate these ministries. Thanks to you all.

**Clarification:** The 9.30am Wednesday Mass in St Clement's is celebrated primarily for the Sisters who have asked permission for parishioners to attend. This means that when Mgr Aldo cannot attend this Mass will not be celebrated.

**Donations to Mary's Meals:** The donation box will remain in the hospitality area for ongoing contributions. Thank you again for your kindness and generosity.

Please join us for tea and coffee which is being served today in the hospitality area.



*Heartstart Discovery* provides <u>FREE</u> Emergency Life Support training and encourages as many people as possible to learn the skills required to help save lives

Training in CPR helps to save lives.

Come along to a *Heartstart* DISCOVERY course and learn all the skills you need.

It only takes two hours.

If just 10% of the population were trained in Emergency Life Support, many, many more lives could be saved each and every year.

YOU REALLY CAN SAVE LIVES.

All sessions will be held in St Mary's Church	
Session Date	Session Time
October 27th	2pm
November 3rd	2pm
November 4th	7pm

Thanks to all who have donated towards the flowers for the church, we will keep the box for donations in the hospitality area.

### Date for your diary.

#### **BEETLE DRIVE**

in St Clement's hospitality area

# Tuesday18th November at 6pm.

A fun evening for all the family.

Adults £3. Children £1.

Get your Tickets—available now from fundraising group.

Catechism Classes for children who do not attend a Catholic School. The Missionaries of Charity will run Catechism Classes in St Clement's for any child who is looking to make the Sacraments in 2026. Even if your child is in a Catholic School and you would like extra tuition/preparation the Sisters would be willing to incorporate them into their class. This in no way takes away from the importance of a Catholic Education. Our Catholic Schools do a great job, however, the more our children learn about Jesus, prayer, and the Sacraments the better. Please register your interest with the Sisters as soon as possible as they would like to get started in the Autumn. Phone 612861

**Thanks to Bernadette Daily** for arranging to have the handrail installed at the entrance to St Clement's Church/Hall. For any parish to thrive in this day and age it will require everyone to become actively involved in the running of the parish as well as being active evangelisers. Recent Pope's have encouraged a 'New Evangelisation' whereby we actively invite others to consider the Christian faith and to become Catholics. The best way to do this is to have a genuine personal relationship with Jesus ourselves. To enable and deepen this St Mary's and St Clement's will be running courses on the run up to Christmas for those wishing to explore the faith (*Catholicism* see pg 7) and for those wishing to deepen their faith.

#### **Diocese of Dunkeld Mission Day Conference**

#### report by Sandra Farquhar-Forbes

On the 18th October a diverse and representative group from within the Dunkeld Diocese convened for a day of reflection, prayer and strategic exploration. The primary focus of the gathering was to consider the evolving nature and future of mission for the Church in 2025. The event fostered a rich exchange of perspectives from its varied membership. The main speaker of the day was Dr Duncan MacLaren (KCSG) who is a highly distinguished figure in the realm of International Catholic aid and social ethics.

The Diocese has started reflecting on the concept of synodality. The first part of the day focused on group work, where participants discussed and identified key lessons to guide both the Diocese's mission and its identity within the Church today.

The day's discussions were grounded in the established principles that guide Catholic institutions worldwide. These core concepts - often encapsulated in the terms 'Charism' and 'mission' - represent the foundational values, beliefs and purposes which animate Catholic establishments such as schools, universities, hospitals and aid agencies. This framework is deeply rooted in the teachings of Christ and the Catholic Church with its ultimate aim inspired by the command of Jesus to "Go make disciples of all nations" (Matthew 28:19).

The afternoon sessions converged significantly, identifying ministry to and with marginalised groups as a critical priority. There was a clear and unanimous desire for tangible change in this area. A key insight from the discussion acknowledged that the journey of the mission and engagement is rarely a straight line and requires patience, adaptability and long-term commitment.

Join us for

# "Discovering Christ"

Enjoy food together, listen to an inspiring teaching, and join in a small group discussion about the meaning of life in Jesus Christ.

Discovering Christ is a seven-week series that will start in November and run up to Christmas.

For more info check out christlife.org

For anyone looking to deepen their Life in Christ.

Small groups will be running at different times throughout the week.

#### Dear SCIAF Supporter,

For two long years, SCIAF has been calling for a ceasefire to the war in Gaza. The deal reached in recent days is a tremendous relief.

We welcome the ceasefire, pray that peace lasts, and give thanks that much more aid can now be finally delivered to those most in need. Now, we need your help to rush emergency relief to families as they recover and rebuild from years of agonising conflict.

Today, we are redoubling our efforts to continue our vital work in Gaza and the wider Holy Land.

As war has devastated the Holy Land, SCIAF has been present throughout, working through our partners in the Caritas network to bring life-saving assistance to those affected: food, water, healthcare and sanitation.

The SCIAF family continues to pray for a just and lasting peace, for aid to reach the most vulnerable, and for all those illegally detained to be reunited with their families as soon as possible. Your support is making a peaceful world possible.

With prayerful good wishes, Mark Camburn (Director of International Programmes)

To donate: SCIAF - Scottish Catholic International Aid Fund | SCIAF

#### **Enrolment Sunday**

This Sunday at 11am Mass in St Mary's our young people from St Mary's and St Clement's Primary Schools will enrol for the Sacraments of Reconciliation, Holy Communion and Confirmation.

We also have young people from non-Catholic schools who are preparing through our parishes.

In addition we have children in our schools preparing for baptism

Please keep them all in your prayers as they pledge to prepare well for the Sacraments.





A conversation with Canon Andrew Clark about his life as an Anglican then Catholic Married Priest drew people from all over the diocese and raised £288 for St Mary's Restoration Fund. Thanks to Canon Clark and to those who provided the refreshments.

Pope Leo XIV: "I often wonder, even though the teaching of Sacred Scripture is so clear about the poor, why many people continue to think that they can safely disregard the poor."

Read his beautiful new apostolic exhortation,

"Dilexi te: On love for the poor."

**Alzheimer Scotland -** Shaping Support Together in Dundee: A Community Consultation - Dundee We Want to Hear from You

Have Your Say - there are 3 options for participating:

**Online**—Simply fill out our survey before 31st October 2025, available here (click link to be redirected): <a href="https://forms.office.com/e/sxUuN6hFp0">https://forms.office.com/e/sxUuN6hFp0</a>

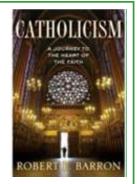
**Phone/email directly** -If you would prefer to complete the survey over the phone, please call or text me on **07799 581970** and I will respond asap call you back and support with this or drop me a direct email <a href="mailto:cdougan@alzscot.org">cdougan@alzscot.org</a> and I will arrange a suitable time for us to chat this through.

**In-person** - Relaxed consultation & cuppa afternoon at Morgan Street 23rd October 2pm - 3.30pm (light refreshments will be provided).

Carol Dougan Centres Lead | Tayside | 07799 581970 Alzheimer Scotland - Action on Dementia

## The Catholicism Course starts Sunday 9th November in Church House after Mass (12.15pm)

This course is ideal for anyone interested in joining the Catholic Church or for anyone wanting to know more about their faith.



Topics that will be covered include: Prayer and the Life of the Spirit; The Mystical Union of Christ and the Church; The Mystery of the Liturgy: The Communion of Saints; The Mystery of God; The Last Things. The course revolves around short videos by Bishop Rober Barron, and has won international acclaim.

For more info ask Fr Jim or Wendy Sinclair

Thanks to Michael Marra MSP for meeting with concerned parishioners regarding their perceived increase in racist tension in recent times. Michael was adamant that everyone has an inherent dignity as a human being that



deserves to be respected. His view echoes those of the Catholic Church.

If anyone would like to be in touch with Michael his email is michael.marra.msp@parliament.scot or phone 0131348 5943

# **Diocesan Events for Extraordinary Ministers of Holy Communion**

For all the Extraordinary Ministers of Holy Communion in our Diocese of Dunkeld an opportunity to reflect afresh on the ministry you undertake in St Mary's and St Clement's.

Diocese of Dunkeld Pastoral Centre, St Mary's Church Hall and Church, Forebank Road, Dundee on **Saturday 8 November 2025 from 10am until 1pm. There will be no Mass this morning in St Mary's.** 

#### The programme will be as follows:

10am Welcome, Gathering Hymn and Prayer.

10.10am Input: Taste and see the goodness of the Lord ............The liturgical experience as food for the journey.

10.45am: break for tea, coffee and cake

11am: Spiritual conversation, guidelines, practicalities and questions.

12noon: Celebration of the Eucharist with commissioning of new Extraordinary Ministers.

1pm: Depart.

Can you please indicate your intention to be present by emailing the Bishop's PA, Mr Paul McFadyen, at <a href="mailto:officeadmin@dunkelddiocese.org.uk">officeadmin@dunkelddiocese.org.uk</a> or by calling the office on 01382 255453, or by returning the form (issued from Parish Priest) to myself (Canon Kevin Golden) at St Andrew's Cathedral, 150 Nethergate, Dundee DD1 4EA



Heartfelt thanks to all those who supported the family of Baby Livon. Please continue to hold his family in your prayers as they struggle to come to terms with the passing of their beloved baby boy. Mrs Curran (HT St Mary's) arranged for the children to pray the following prayer when the bell rang out on Friday, perhaps we could join in their chorus of prayer...

"Dear Heavenly Father, in this time of sorrow, we lift our weary hearts to You. We ask for Your loving embrace to surround this grieving family. May they find solace in Your constant presence and feel the peace of God that surpasses all understanding. O Lord, grant them strength for each step of the way. Amen."

At such a sad time it should be acknowledged that the Funeral Directors, Organist, and the Council do not charge for their services. Sincere thanks to all those who served with great dignity.



Please join The Society for the Protection of Unborn Children (Dundee Branch) for the 22nd consecutive, silent candle-light vigil, commemorating the passing of the 1967 Abortion Act.



# Dundee City Square, Thursday 30th October, 6pm - 8pm

18,710 abortions were performed in Scotland last year – the highest number on record, representing a 3% increase from 2023. The termination rate increased to 17.9 per 1,000 women aged 15-44. Key factors influencing the statistics include a rise in repeat abortions and a significant increase in rates for women in the most deprived areas, who are twice as likely to have an abortion compared to those in the least deprived areas.

#### St Andrew's Children's Society—Adoption and Foster Care

There are many children across Scotland who need stable, loving families to care for them on a long term or permanent basis. Their birth families are not able to provide the nurturing or safe environment that would allow then to flourish and become confident and well-balanced adults.

Could you provide the stability and love these children deserve? Would you like to hear more about whether adopting or fostering a child could be an option for you?

#### Contact us on 01224 878158 or info@standrews-children.org.uk

Thank you in anticipation of your positive response to this message. Stephen Small, CEO St Andrew's Children Society

#### NOVEMBER

The Month devoted to our Beloved Dead.

During the Month of November every Mass is offered for the eternal rest of our departed loved ones.

Please fill out a November list with the names of your departed loved ones and place it in the offertory basket or the basket in front of the altar where it will remain for the entire month.

May their souls and the souls of the faithful departed through the mercy of God rest in peace. Amen

#### HOPE POINT, DUNDEE WELLBEING SUPPORT WE ARE HERE ALL WEEKEND; NO MATTER WHAT TIME OF DAY OR NIGHT.

If you are in distress and feeling like you can't go on, please do reach out to our friendly team.

Freephone: 0800 955 0008; Text: 01382 604123; In Person: 4 South Ward Road.

#### The Worst Kind of Pride

In the Gospel Reading, Jesus tells a parable about a Pharisee and a tax collector in order to teach a lesson about pride. As Jesus tells the parable, the Pharisee is not pleasing to God; the tax collector is.

In the parable, what the Pharisee says in his prayer is this: "I thank you, God, that I am not like the rest of humanity—greedy, dishonest, adulterous—or even like this tax collector. I fast twice a week, and I pay tithes on my whole income." The tax collector just prays for God to have mercy on him, a sinful man. Now what exactly is wrong with the Pharisee's prayer?

Notice that the parable doesn't doubt the Pharisee's truthfulness: he does have real moral excellence. And notice too that the Pharisee doesn't congratulate himself on this moral excellence in himself. He thanks God for it; he gives God all the credit for it. So what exactly is wrong with this Pharisee? Think about it this way. Aquinas says that there are four kinds of pride.

- (1) There's foolish pride. You think you have an excellence which you don't have, like a child who thinks he's the best basketball player in the world.
- (2) There's the pride of the self-made man. You think you have an excellence you do have, but you think you got that excellence for yourself, without anybody's help.
- (3) There's the sneakily self-congratulatory pride. You think you have an excellence you do have, and you recognize that God gave it to you; but you assume God gave it to *you* because he knew that you would make such good use of it.
- (4) And then there's the most self-deceptive kind of pride. You think you have an excellence you do have, and you recognize that you have it because God gave it, and you acknowledge that God gave it because he is so good, not because you are so nice—but you are glad others don't have it and you hope they don't get it.

Now we see what is wrong with the Pharisee, don't we? He accepts that his excellence is a gift from the Lord. He just doesn't want anybody else to have what he has. He likes looking down on that tax collector! And that is the worst kind of pride.

True humility is seeing that every excellence you have is a gift from your loving Lord and is given to you so that you can share it with others in love and rejoice with them when they have it too.

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If you would like to donate food for distribution at the Church door please consider dropping any of these items in the baskets in the Church foyer: UHT milk, Cereals, Biscuits, Coffee, Tea, Tinned Milk Puddings, tinned fruit, tinned curries, tinned ham. May God bless your generosity and ministry. Also, if you are in need please don't hesitate to be in touch with any member of the SVDP or Fr Jim.

# ARE YOU LIVING IN DUNDEE AND LOOKING FOR SUPPORT WITH YOUR MENTAL HEALTH AND WELLBEING

Check out the Dundee Mental Health and Wellbeing website for an A-Z directory of local services and information about what is available at your GP practices.

www.nhstayside.scot.nhs.uk

https://www.nhstayside.scot.nhs.uk/OurServicesA-Z/DundeeMentalHealthWellbeing-PrimaryCare/index.htm

The Church Cleaning has had to be increased in frequency due to the Restoration Work creating dust. If you can spare some time after Friday Mass please come along and help keep St Mary's clean for our weekend Services. *More hands means less time.* Thanks to those cleaners who are already doing a great job.

Apologies to the housebound who depend on the Livestreaming of Mass. We are hoping to have it up and running again for next weekend.

St Clare is the patron saint of television and communications. In 1958, Pope Pius XII gave her this title because, when she was too ill to attend Mass, she reportedly saw and heard it miraculously projected on the wall of her room. Connection to livestreaming: Her miraculous "remote viewing" makes her a fitting spiritual companion for livestreamers and virtual worship.

#### St Mary's Facebook Page

Please can you **like and follow** St Mary's Facebook page. Help spread the news and invite others to do in an effort to help evangelise.

St. Mary's Lochee - Parish of the Immaculate Conception | Dundee | Facebook

**Please keep 5 minutes silence** before the start of each Sunday Mass. The bell will ring 5 minutes before Mass to mark the start of silence. This creates a decompression chamber in which we acclimatise to the Sacred and come into God's presence.

